# 2025 Colorado Nurses Association Conference

CARING FOR COLORADO

Collaboration. Compassion. Community. CNA ANNUAL CONFERENCE

**September 26, 2025**
**Agenda**

**0700** – Registration desk opens, Exhibitors open, Bagels/pastries & Coffee/tea

**0800-0815** – Welcome in Harvard/Princeton Ballroom

**0815-0915** –Improving Access & Equity: School Nurse Training for Medically Complex Students in Rural Colorado- Julie Wilken, MPS, RN, NCSN, Donnya Mogensen, PhD, RN, NPD-BC, ACM & Laura Pickford, MSN, RN, CPN

**0915-1015** – From Novice to Advocate: A Structured Onboarding Pathway for Nurse Advocacy- Shanel Martens, BSN, MSOL, RN, NPD-BC

**1015-1030** – Break, Exhibitors

**1030-1230- Breakouts**

| Harvard/Princeton Ballroom | Oxford/Yale Ballroom |
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| **Navigating Challenges, Nurturing Futures: Home Visiting for Vulnerable Colorado Families** (40 min)-<br>Laura Taggart, BSN, RN | **From Burnout to Belonging: The Evidence Behind Peer Support and Nurse Wellbeing** (40 min)-<br>Teresa Sanderson, RN, CCM |
| **Evidence-Based Implementation of an Integrated Care Model in Primary Care** (40 min)-<br>Christina Mulkey, DNP, AGNP-C & David Mulkey, DNP, RN, CPHQ, CNE | **How the Workplace Contributes to Chronic Stress and its Effects on the Epigenomes of Nurses** (40 min)-<br>Sarah Jorgensen, MSN, MS, APRN, FNP-C, EMT |
| **The New Playbook: Moving Beyond Rest in Concussion Recovery** (40 min)-<br>Alison Datoc, PhD | **Read, Relax, & Renew: A Novel Approach to Better Health and Wellness** (40 min)-<br>Amanda Skenandore, RN, CIC |

**1230-1400** - Lunch, Exhibitors

**1400-1500 Breakouts**

| Harvard/Princeton Ballroom | Oxford/Yale Ballroom |
|---|---|
| **Healing Touch for Nurses: Critical Skills for Enhancing Resiliency and Reconnecting with Purpose-**<br>Lisa Anselme, BLS, RN, HN-BC, CHTP, CHTI | **Promoting Healthy Diet Adherence using a Multisensory Approach for Post-Stroke Patients: A Pilot Randomized Controlled Study-**<br>Clare Hall, MS, RN, Yuki Asakura-Strempek, PhD, APRN, Stacey Myers, OTR/L, CBIS, Sarah Kaster, OTR/L, CBIS |

**1500-1530** – Break, Exhibitors

**1530-1630** – Collaborative Impact - Becoming Partners in Change- Ingrid Johnson, DNP, MPP, RN, FAAN

**1630-1730** –Forensic Nurses Improving Outcomes Through Trauma-Informed Care: Accessing HIV nPEP in the ED- Bethany Bernal, BSN, RN, SANE-A, SANE-P & Tully Gibbons, BSN, RN, SANE-A, SANE-P, CEN

**1730** – CNA Annual Awards

Colorado Nurses Association

**Caring for Colorado**
**Collaboration, Compassion, Community**
**CNA Annual Conference 2025**

# Disclosure:

Criteria for successful completion to receive contact hours: Attendance at 1 or more sessions in a multi-session event (credit commensurate with participation)
Completion/submission of evaluation form by **Oct 13, 2025.**
Maximum 7 hours

No one in a position to control the content of this program has a relevant financial relationship with an ineligible company to declare.

*This nursing continuing professional development activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.*